

LUNCH

AUGUST/SEPTEMBER 2016

Shrewsbury Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	8/30 * Monti's Pizza Assorted Sandwiches Baked Fries Green Beans Caesar Salad Strawberries	8/31 Popcorn Chicken Grilled Chicken BLT Wrap Mashed Potato Corn Tossed Salad Roll Pears	9/1 * Papa Gino Pizza Chef's Choice Baked Spiral Fries Steamed Broccoli Cherry Tomato Basil Salad Peaches	2 No School Professional Day
5 No School Labor Day Chicken Parmesan over Pasta Assorted Sandwiches /Baked Chips Celery Sticks and Ranch Dip Green Beans Garlic Knot Apple Sauce	6 * Monti's Pizza Assorted Sandwiches Baked Fries Green Beans Tossed Salad Mixed Fruit	7 Chicken Nuggets Chicken Caesar or *Caesar Salad Bowl Mashed Potato Corn Garlic Knot Raisins	8 * Papa Gino Pizza Chef's Choice Baked Sweet Potato Fries Cherry Basil Tomato Salad Strawberries	9 *Mozzarella Sticks/Marinara Sauce Assorted Sandwiches /Baked Chips Macaroni Salad Broccoli Roll Pears
12 Fenway Frank Grilled Chicken Wrap Baked Fries Baked Beans Mixed Fruit Italian Ice	13 * Monti's Pizza Assorted Sandwiches Baked Fries Green Beans Caesar Salad Strawberries	14 Popcorn Chicken Hamburger/*Garden Burger Mashed Potato Corn Tossed Salad Roll Pears	15 * Papa Gino Pizza Chef's Choice Baked Spiral Fries Broccoli Cherry Tomato Basil Salad Peaches	16 Pasta with Meat or *Marinara Sauce Chicken Patty on a Roll /Baked Chips Steamed Carrots Caesar Salad Blueberries Garlic Knot Roll
19 Burger and Toppings *Cheese Quesadilla Baked Fries Broccoli Apple Slices Chocolate Chip Cookie	20 * Monti's Pizza Assorted Sandwiches Baked Fries Steamed Broccoli Caesar Salad Strawberries	21 Baked Chicken Grilled Chicken BLT Croissant Oven Roast Parmesan Ranch Spuds Corn WG Roll Mixed Fruit	22 * Papa Gino Pizza Chef's Choice Baked Fries Steamed Carrots Tossed Salad Peaches	23 Chicken Nuggets Assorted Sandwiches /Baked Chips Mashed Potato Corn Hummus and Syrian Bread Pears

LUNCH

AUGUST / *SEPTEMBER* 2016

Shrewsbury Middle School

26 Chicken Parmesan over Pasta Assorted Sandwiches / Baked Chips Celery Sticks and Ranch Dip Green Beans Garlic Knot Apple Sauce	27 * Monti's Pizza Assorted Sandwiches Baked Fries Green Beans Tossed Salad Mixed Fruit	28 Popcorn Chicken Hamburger/*Garden Burger Mashed Potato Corn Tossed Salad Roll Pears	29 * Papa Gino Pizza Chef's Choice Baked Sweet Potato Fries Cherry Tomato Basil Salad Peaches	30 Taco Salad Bowl (Chicken or Beef or* Bean) Assorted Sandwiches / Baked Chips Celery Sticks and Hummus Apple
Lunch \$3.50 Reduced Lunch\$.40 Milk/Bottled Water/Juice \$.65 Cookie \$.65 Snacks \$1.00 Check - <u>What's on the Menu</u> for monthly promos		Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.		All Lunches include Milk, Juice and Fruit and Vegetable Bar

USDA is an equal opportunity provider and employer